



OW 2020/2021 CALENDAR OF EVENTS AND SELECTION CRITERIA FOR SA OPEN WATER NATIONALS

This year has been a year like no other and presented numerous challenges along the way. As a result of these challenges, we have partnered with Eastern Gauteng Aquatics, Northern Tigers Swimming and Aquatics Gauteng to create the Aquatics Gauteng Open Water Grand Prix Series (AGGP) to ensure that we have enough open water events to allow our swimmers to qualify:

The Dates are as follows: -

16 December 2020	AGOW GP Series 1	3 km, 1km & 500m fun swim	Florida Lake
31 January 2021	AGOW GP Series 2	TBC	Florida Lake
21 February 2021	AGOW GP Series 3	TBC	Victoria Lake

1. CGA QUALIFYING CRITERIA TO BE ELIGIBLE FOR SELECTION AS PART OF THE CGA TEAM PARTICIPATING AT SA NATIONALS 2021 AT MARINA MARTINIQUE

For selection to the CGA Open Water Team, the following criteria are required:

- Be a registered SSA swimmer, member of a CGA registered club and be in good standing with the club and CGA,
- Have at least ONE qualifying time in the chosen event swum at an SSA accredited Open Water swimming event.
 - 10km distance CGA qualifying criteria
 - 1 qualifying time at an approved SSA open water swimming event.
 - Participation at 1 AGGP Series Event
 - 5km distance CGA qualifying criteria
 - 1 qualifying time at an approved SSA open water swimming event.
 - Participation at 1 AGGP Series Event
- 3km distance CGA qualifying criteria

- 2 qualifying times at approved SSA open water swimming events.
- Participation at 2 AGGP Series Events
- Qualification may not be interpreted as automatic selection in this event.

2. 2021 SANATOWS QUALIFYING TIMES

Event	Qualifying Time
10km Men	2 hours 30 minutes
10km Women	2 hours 40 minutes
7.5km Men	1 hour 53 minutes
7.5km Women	2 hours 00 minutes
5km Men	1 hour 15 minutes
5km Women	1 hour 25 minutes
5km Multi Disability	1 hour 40 minutes
5km Women Multi Disability	1 hour 50 minutes
3km Men	48 minutes
3km women	50 minutes
3km Men Multi Disability	60 minutes
3km Women Multi Disability	65 minutes
3km Masers Men (31 and over)	52 minutes
3km Master Women (31 and over)	54 minutes

3. ADDITIONAL RULING FOR QUALIFYING TIMES

Due to the interrupted year, swimmers who participated at SANATOWS in March 2020 and swam a qualifying time may also be eligible for selection. Please note however, that swimmers are encouraged to swim at least two AGGP events to attempt to improve on their times.

We are still awaiting the final rules for OW Swimming for the 2020/2021 season from SSA but can confirm that the qualifying times will not be changed.