

Para Swimming SA Records 14 & Under Long Course

50m Freestyle

Female

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5	01:05.81	Coullie, A		Germiston	21 Mar 2003
S6	00:57.87	Venter, E		Stellenbosch	13 Apr 2001
S7	00:57.74	Hully, T		Germiston	21 Mar 2003
S8					
S9	00:34.35	Martins, Shannon	SA National Championships	Durban	10 Apr 2016
S10	00:34.51	Bloem, Michelle	SA National Championships	Durban	10 Apr 2016
S11	00:47.92	Barnes, A			01 Jan 1984
S12	00:35.19	Slothauer			01 Jan 1984
S13	00:35.04	Ferreira, A	Kwazulu/Natal Championships	Kwazulu/Natal	14 Dec 2011

Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4	01:58.70	Mc Klopper, David	CGA Level 2/3 Gala No 3	Johannesburg	21 Nov 2015
S5					
S6	00:43.53	Zwane, Kabelo	CGA Championships	Ellispark	05 Dec 2015
S7	00:39.35	Grob, J	Central Gauteng Championships	Gauteng	01 Jan 2009
S8	00:37.42	Grob, J	Nedbank Championships	Port Elizabeth	01 Mar 2010
S9	00:30.98	Bezuidenhout, James		Edmonton	15 Oct 2011
S10	00:29.44	Paul, Kevin	SA Championships	Durban	01 Jan 2005
S11	00:44.41	Geryling		Stellenbosch	01 Apr 1988
S12	00:32.50	Van der Merwe			01 Jan 1984
S13	00:28.49	Field, S		Stellenbosch	01 Apr 1991

100m Freestyle

Female

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5					
S6	02:19.56	Venter, E		Stellenbosch	11 Apr 2001
S7					
S8					
S9	01:16.54	Martins, Shannon	Nedbank Championships	Johannesburg	31 Mar 2015
S10	01:17.06	Bloem, Michelle	SA National Championships	Durban	10 Apr 2016
S11					
S12					
S13	01:18.07	Ferreira, A	SA Level 2 Championships	Durban	01 Jan 2012

Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5					
S6	01:45.93	Zwane, Kabelo	Gauteng Schools Aquatics Trial	Boksburg	11 Sep 2015
S7	01:34.53	Zwane, Kabelo	CGA Open Championships	Ellispark	16 Dec 2016
S8	01:30.20	Grob, J	SA Games	Polokwane	04 Oct 2011
S9	01:07.56	Bezuidenhout, James		Port Elizabeth	13 Oct 2011
S10	01:03.01	Paul, Kevin	SA Championships	Durban	01 Jan 2005
S11					
S12	01:16.96	Swanepoel	SA Championships	Durban	01 Jan 2005
S13	01:08.27	Bouwer, Charles		Germiston	21 Mar 2003

200m Freestyle**Female**

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5					
S6					
S7					
S8					
S9	03:00.70	Martins, Shannon	CGA Level 1 gala No 4	Johannesburg	16 Jan 2016
S10	02:53.65	Bloem, Michelle	SASAPD Championships	Bloemfontein	21 Mar 2016
S11					
S12					
S13					

Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5					
S6	03:43.46	Dludlu	Nedbank Championships	Durban	01 Jan 2012
S7					
S8	03:29.90	Grob, J	Central Gauteng Championships	DELLV	10 Sep 2011
S9	02:26.55	Bezuidenhout, James		Port Elizabeth	12 Apr 2011
S10	02:19.27	Paul, Kevin	SA Championships	Durban	01 Jan 2005
S11					
S12					
S13					

400m Freestyle**Female**

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8					
S9	06:42.09	Martins, Shannon	EGA Summer 2	Germiston	17 Oct 2015
S10					
S11					
S12					
S13	05:51.23	Fenreim, A	Kwazulu/Natal Championships	Kwazulu/Natal	14 Dec 2011

Male

Classification	SA Record	Holder	Event	Place	Date
S6					
S7	07:58.65	Zwane, Kabelo	CGA Level 3/SANJ Gala No 3	Ellispark	03 Dec 2016
S8	07:34.39	Grob, J	Central Gauteng Championships	Germiston	15 Oct 2011
S9	05:03.65	Bezuidenhout, James		Durban	14 Oct 2011
S10	04:50.02	Paul, Kevin	SA Championships	Durban	01 Jan 2005
S11					
S12					
S13					

800m Freestyle

Female

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8					
S9					
S10					
S11					
S12					
S13					

Male

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8					
S9					
S10					
S11					
S12					
S13					

1500m Freestyle

Female

Classification	SA Record	Holder	Event	Place	Date
S7					
S8					
S9					
S10					
S11					
S13					

Male

Classification	SA Record	Holder	Event	Place	Date
S7					
S8					
S9					
S10					
S11					
S12					
S13					

50m Backstroke**Female**

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5					
S6	02:25.44	Johnson, Keisha	Nedbank Championships	Stellenbosch	31 Mar 2014
S7					
S8	01:07.29	Paulsen, C	Nedbank Championships	Durban	01 Jan 2012
S9	00:40.33	Martins, Shannon	Adrian Grafe Memorial Gala	Germiston	31 Aug 2015
S10	00:38.89	Bloem, Michelle	Event No: 274	Unknown	01 Jan 2000
S11					
S12					
S13	00:43.23	Erasmus, S		Port Elizabeth	01 Mar 1990

Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4	01:57.46	Mc Kloppe, David	CGA Level 2/3 Gala 1	Johannesburg	19 Sep 2015
S5					
S6	00:53.05	Zwane, Kabelo	CGA Championships	Ellispark	05 Dec 2015
S7	00:46.55	Zwane, Kabelo	CGA Open Championships	Ellispark	16 Dec 2016
S8	00:47.35	Sadie, C	Nedbank Championships	Pretoria	01 Mar 2011
S9	00:35.14	Bezuidenhout, James		Johannesburg	11 Dec 2011
S10	00:41.04	De Jager, C		Kimberley	26 Mar 2002
S11					
S12					
S13					

100m Backstroke

Female

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5					
S6					
S7					
S8					
S9	01:29.66	Martins, Shannon	SA National Championships	Durban	10 Apr 2016
S10	01:23.55	Bloem, Michelle	Event No: 274	Unknown	01 Jan 2000
S11					
S12	01:51.74	Van Niekerk, L			01 Mar 1986
S13	01:34.38	Ferreira, A	Kwazulu/Natal Championships	Kwazulu/Natal	14 Dec 2011

Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5					
S6					
S7	01:32.96	Mncube, Gift	CGA Level 2/3 Last Chance Gala	Johannesburg	06 Feb 2016
S8	01:54.56	Grob, J	Nedbank Championships	Port Elizabeth	01 Mar 2010
S9	01:12.91	Bezuidenhout, James		Port Elizabeth	12 Oct 2011
S10	01:27.76	Mabuza, Thulane	SA National Open Championships	Port Elizabeth	16 Apr 2013
S11					
S12	01:51.32	Swanepoel			01 Jan 1983
S13	01:18.26	Bouwer, Charles		Germiston	21 Jan 2003

200m Backstroke**Female**

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8					
S9	03:17.18	Martins, Shannon	CGA Level 1 Gala 1	Johannesburg	12 Sep 2015
S10					
S11					
S12					
S13					

Male

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8	04:13.48	Grob, J	Central Gauteng Championships	DELLV	10 Sep 2011
S9	02:46.08	Bezuidenhout, J	Nedbank Championships	Port Elizabeth	01 Mar 2010
S10	03:58.67	Mabusr, T	Nedbank Championships	Durban	01 Jan 2012
S11					
S12					
S13					

50m Breaststroke**Female**

Classification	SA Record	Holder	Event	Place	Date
SB1					
SB2					
SB3	02:22.27	Visser, A		Kimberley	26 Mar 2002
SB4					
SB5					
SB6	01:16.05	Venter, E		Stellenbosch	11 Apr 2001
SB7					
SB8	00:47.16	Martins, Shannon	SA Level 2 Regional Age Group	Johannesburg	28 Mar 2016
SB9	00:48.25	Abrahams, T	North West Championships	Germiston	01 Dec 2009
SB11	01:15.30	Groeneweg, L			01 Mar 1987
SB12	00:49.48	Slothauber			01 Jan 1984
S13	00:42.72	Ferreira, A	SA Games	Polokwane	04 Oct 2011
SB13	01:07.14	Mare, Simone	SASAPD Championships	Bloemfontein	21 Mar 2016

Male

Classification	SA Record	Holder	Event	Place	Date
SB1					
SB2					
SB3					
SB4					
SB5	01:15.64	Njombolwana, Mithayelani	Nedbank Championships	Stellenbosch	31 Mar 2014
SB6	00:57.91	Dludlu, Nkosi	SA National Open Championships	Port Elizabeth	21 Apr 2013
SB7	00:46.72	Zwane, Kabelo	CGA Open Championships	Ellispark	16 Dec 2016
SB8	00:53.08	Van Aswegen, W		Germiston	21 Mar 2003
SB9	00:35.95	Paul, Kevin	SA Championships	Durban	01 Jan 2005
SB11					
SB12	00:42.26	Robinson, O			01 Mar 1987
SB13	00:39.82	Field, S		Stellenbosch	01 Apr 1991

100m Breaststroke

Female

Classification	SA Record	Holder	Event	Place	Date
SB2					
SB3					
SB4					
SB5					
SB6					
SB7					
SB8	01:50.02	Martins, Shannon	SA Level 2 Regional Age Group	Johannesburg	28 Mar 2016
SB9	01:54.90	Sabeka, Bongekile	SA National Open Championships	Port Elizabeth	17 Apr 2013
SB11					
SB12					
SB13	01:34.72	Ferreira, A	SA Games	Polokwane	04 Oct 2011

Male

Classification	SA Record	Holder	Event	Place	Date
SB1					
SB2					
SB3					
SB4					
SB5					
SB6	02:46.62	Dludle, N	Central Gauteng Championships	Gauteng	01 Dec 2011
SB7	01:45.22	Zwane, Kabelo	CGA Open Championships	Ellispark	16 Dec 2016
SB8	02:24.59	Sibanda, M	Central Gauteng Championships	Gauteng	01 Dec 2010
SB9	01:25.56	Jannasch, Johan	SA National Open Championships	Port Elizabeth	17 Apr 2013
SB11					
SB12					
SB13	01:44.20	Van Tonder			01 Jan 1984

200m Breaststroke

Female

Classification	SA Record	Holder	Event	Place	Date
SB4					
SB5					
SB6					
SB7					
SB8					
SB9					
SB11					
SB12					
SB13					

Male

Classification	SA Record	Holder	Event	Place	Date
SB4					
SB5					
SB6					
SB7					
SB8					
SB9	04:19.06	Moss, Matthew	SASAPD Championships	Bloemfontein	21 Mar 2016
SB11					
SB12					
SB13					

50m Butterfly**Female**

Classification	SA Record	Holder	Event	Place	Date
S1					
S3					
S4					
S5					
S6					
S7					
S8					
S9	00:38.95	Martins, Shannon	CGA Level 1 Gala No 3	Johannesburg	08 Nov 2014
S10	00:41.77	Bloem, Michelle	SA National Championships	Durban	10 Apr 2016
S11					
S12					
S13	00:41.90	Ferreira, A	SA Level 2 Championships	Durban	01 Jan 2012

Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4	01:53.96	Mc Klopper, David	CGA Level 2/3 Gala No 3	Johannesburg	21 Nov 2015
S5					
S6	00:42.49	Zwane, Kabelo	CGA Level 2/3 Gala No 4	Johannesburg	23 Jan 2016
S7	00:39.52	Zwane, Kabelo	CGA Level 3/SANJ Gala No 2	Ellispark	29 Oct 2016
S8	00:46.04	Sadie, C	Summer League 2		17 Sep 2011
S9	00:34.42	Bezuidenhout, James		Port Elizabeth	12 Apr 2011
S10	00:40.05	Mabuza, Thulane	SA National Open Championships	Port Elizabeth	21 Apr 2013
S11					
S12					
S13	00:32.52	Field, S		Stellenbosch	01 Apr 1991

100m Butterfly**Female**

Classification	SA Record	Holder	Event	Place	Date
S5					
S6					
S7					
S8					
S9	01:43.00	Martins, Shannon	SA Level 1 Regional Age Group	Johannesburg	27 Mar 2015
S10					
S11					
S12					
S13	01:38.46	Ferreira, A	SA Games	Polokwane	04 Oct 2011

Male

Classification	SA Record	Holder	Event	Place	Date
S5					
S6	01:45.51	Zwane, Kabelo	CGA Championships	Ellispark	05 Dec 2015
S7	01:31.81	Zwane, Kabelo	CGA Open Championships	Ellispark	16 Dec 2016
S8					
S9	01:30.84	Bezuidenhout, J	Wheelchair Championships	India	01 Jan 2009
S10	01:38.17	Mabuza, Thulane	SA National Open Championships	Port Elizabeth	20 Apr 2013
S11					
S12					
S13	01:21.52	Bouwer, Charles		Germiston	21 Mar 2003

200m Butterfly

Female

Classification	SA Record	Holder	Event	Place	Date
S8					
S9					
S10					
S11					
S12					
S13					

Male

Classification	SA Record	Holder	Event	Place	Date
S6	04:13.91	Zwane, Kabelo	CGA Level 2/3 Gala No 3	Johannesburg	21 Nov 2015
S8					
S9					
S10					
S11					
S12					
S13					

150m Individual Medley

Female

Classification	SA Record	Holder	Event	Place	Date
SM2					
SM3					
SM4					

Male

Classification	SA Record	Holder	Event	Place	Date
SM1					
SM2					
SM3					
SM4					

200m Individual Medley**Female**

Classification	SA Record	Holder	Event	Place	Date
SM3					
SM4					
SM5					
SM6					
SM7					
SM8					
SM9	03:23.70	Martins, Shannon	Nedbank Championships	Johannesburg	31 Mar 2015
SM10	03:20.31	Bloem, Michelle	Event No: 274	Unknown	01 Jan 2000
SM11					
SM12					
SM13	03:11.86	Ferreira, A	SA Level 2 Championships	Durban	01 Jan 2012

Male

Classification	SA Record	Holder	Event	Place	Date
SM3					
SM4					
SM5					
SM6	04:02.81	Zwane, Kabelo	CGA Level 2/3 Gala No 4	Johannesburg	23 Jan 2016
SM7	03:37.66	Zwane, Kabelo	CGA Open Championships	Ellispark	16 Dec 2016
SM8	04:48.70	Crawford, S	SA National Championships		01 Jan 2007
SM9	02:57.33	Bezuidenhout, James		Port Elizabeth	16 Apr 2011
SM10	02:37.35	Paul, Kevin	SA Championships	Durban	01 Jan 2005
SM11					
SM12	03:51.55	Robinson, O			01 Mar 1987
SM13	03:14.92	Field, R		Kimberley	01 Jan 1989

400m Individual Medley

Female

Classification	SA Record	Holder	Event	Place	Date
SM6					
SM7					
SM8					
SM9					
SM10					
SM11					
SM12					
SM13					

Male

Classification	SA Record	Holder	Event	Place	Date
SM8					
SM9					
SM10					
SM11					
SM12					
SM13					

