

Para Swimming SA Records

Senior Short Course

50m Freestyle

Female

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3	01:21.15	Shannon, Sarah	CGA SC Open Championships	Johannesburg	22 Jul 2011
S4	01:18.05	Visser, Adri	SA National SC Championships	Johannesburg	21 Sep 2002
S5	00:51.36	Nothling, Beth	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	00:48.05	Saunders, Dianne	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7					
S8	00:36.35	Lourens, Gina	CGA SC Open Championships	Johannesburg	22 Jul 2011
S9	00:32.06	Gray, Emily	SA Short Course Championships	Pietermaritzburg	05 Aug 2016
S10	00:31.07	Sapiro, Shireen	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S11	00:39.18	Bloem, Renette	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S12	00:32.37	de Beer, Handri	SA National SC Championships	Johannesburg	21 Sep 2002
S13	00:31.87	de Beer, Handri	SA National SC Championships	Pietermaritzburg	31 Jul 2003

Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4	01:05.43	Warwick, Ryan	SA National SC Championships	Johannesburg	21 Sep 2002
S5	01:03.86	Harris, Quinton	SA Short Course Championships	Pietermaritzburg	07 Aug 2014
S6	00:39.85	v d Merwe, Hendrik	SA National SC Championships	Pietermaritzburg	29 Sep 2007
S7	00:33.52	Slattery, Tadhg	SA National SC Championships	Pietermaritzburg	31 Jul 2003
S8	00:28.75	du Plessis, Tiaan	SA National SC Championships	Pietermaritzburg	29 Sep 2007
S9	00:29.90	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:25.84	Hassiem, Achmat	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S11	00:28.39	Herbst, Hendri	WP Winter Qualify Gala 1	Cape Town	12 Jun 2015
S12	00:28.14	Herbst, Hendri	CGA SC Open Championships	Johannesburg	22 Jul 2011
S13	00:24.97	Bouwer, Charl	CGA SC Open Championships	Johannesburg	22 Jul 2011

100m Freestyle**Female**

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3	02:53.85	Shannon, Sarah	CGA SC Open Championships	Johannesburg	22 Jul 2011
S4					
S5	01:51.63	Visser, Adri	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	02:07.10	Smit, Merzaan	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7					
S8	01:21.41	Lourens, Gina	CGA SC Open Championships	Johannesburg	22 Jul 2011
S9	01:03.61	Du Toit, Natalie	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	01:02.72	Sapiro, Shireen	SA National SC Championships	Pietermaritzburg	29 Sep 2007
S11	01:26.35	Bloem, Renette	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S12					
S13	01:09.58	de Beer, Handri	SA National SC Championships	Pietermaritzburg	31 Jul 2003

Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5	01:20.72	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	01:05.86	VD Merwe, Hendrik	SA National SC Championships	Pietermaritzburg	29 Sep 2007
S7	01:22.38	Da Silva, Dylan	CGA SC Open Championships	Johannesburg	22 Jul 2011
S8	01:00.54	Du Plessis, Tiaan	SA National SC Championships	Pietermaritzburg	29 Sep 2007
S9	01:07.34	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:56.08	Hassiem, Achmat	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S11					
S12					
S13	00:53.63	Bouwer, Charl	CGA SC Open Championships	Johannesburg	22 Jul 2011

200m Freestyle**Female**

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5	04:12.88	Nothling, Beth	SA Short Course Championships	Pietermaritzburg	07 Aug 2014
S6					
S7					
S8	03:37.58	McKay, Tracy	KZN Seagulls Winter Championship	Durban	06 Oct 2016
S9					
S10					
S11					
S12					
S13	02:31.28	Ferreira, Alani	KZN Seals Winter Gala 2	Pietermaritzburg	19 Jun 2016

Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5					
S6					
S7					
S8	02:48.05	Williams, David	KZN Seagulls Winter Championship	Durban	06 Oct 2016
S9	03:05.45	Moss, Matthew	KZN Seagulls Winter Championship	Durban	06 Oct 2016
S10	02:01.64	Hassiem, Achmat		Pietermaritzburg	07 Jan 2009
S11					
S12					
S13					

400m Freestyle**Female**

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8					
S9	04:56.46	Gray, Emily	SA Short Course Championships	Pietermaritzburg	05 Aug 2016
S10					
S11					
S12					
S13	05:07.62	Ferreira, Alani	KZN Seals Winter Gala 2	Pietermaritzburg	19 Jun 2016

Male

Classification	SA Record	Holder	Event	Place	Date
S6					
S7	05:45.50	Slattery, Tadhg		Nottingham	05 Jan 1993
S8	05:14.31	Crawford, Sebastian	SA Short Course Championships	Pietermaritzburg	19 Aug 2013
S9					
S10	05:06.35	Pretorius, Jean	Event No: 478	Unknown	01 Jan 2000
S11					
S12					
S13					

800m Freestyle

Female

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8					
S9	08:47.59	Du Toit, Natalie		Pietermaritzburg	09 Jan 2009
S10					
S11					
S12					
S13					

Male

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8					
S9					
S10	10:04.57	Pretorius, Jean	Western Cape Qualifying Gala 1	Cape Town	25 Jun 2016
S11					
S12					
S13					

1500m Freestyle

Female

Classification	SA Record	Holder	Event	Place	Date
S7					
S8					
S9	16:45.51	Du Toit, Natalie		Pietermaritzburg	07 Jan 2009
S10					
S11					
S12					
S13					

Male

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8	23:09.50	Williams, David	KZN Seagulls Winter Championship	Durban	06 Oct 2016
S9					
S10					
S11					
S12					
S13					

50m Backstroke**Female**

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3	01:22.21	Shannon, Sarah	CGA SC Open Championships	Johannesburg	22 Jul 2011
S4					
S5	00:58.06	Nothling, Beth	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S6	00:52.03	Saunders, Dianne	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7					
S8	00:59.43	McKay, Tracy	KZN Action Championships	Durban	24 Oct 2014
S9	00:34.92	Du Toit, Natalie	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:33.95	Sapiro, Shireen	KZN Seagulls Winter Championship	Durban	08 Oct 2015
S11	00:49.51	Bloem, Renette	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S12					
S13	00:38.32	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	16 Jul 2015

Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4	02:07.68	Mc Klopper, David	CGA Senior Short Course	Johannesburg	04 Sep 2015
S5	00:44.82	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	00:41.64	Mbiko, Ntswaki	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7	00:42.08	Slattery, Tadhg	SA National SC Championships	Pietermaritzburg	29 Sep 2007
S8	00:37.10	du Plessis, Tiaan	SA National SC Championships	Pietermaritzburg	31 Jul 2003
S9	00:35.26	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:32.09	Clarke, Sean	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S11					
S12					
S13					

100m Backstroke**Female**

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3	02:52.43	Shannon, Sarah	CGA SC Open Championships	Johannesburg	22 Jul 2011
S4					
S5	02:14.20	Nothling, Beth	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S6	02:49.07	Smit, Merzaan	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7					
S8	02:00.15	McKay, Tracy	SA Short Course Championships	Pietermaritzburg	05 Aug 2016
S9	01:11.25	Du Toit, Natalie	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	01:10.23	Sapiro, Shireen	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11	01:43.13	Bloem, Renette	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S12					
S13	01:22.85	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

Male

Classification	SA Record	Holder	Event	Place	Date
S1					
S2					
S3					
S4					
S5	02:22.03	Harris, Quinton	SA Short Course Championships	Pietermaritzburg	07 Aug 2014
S6	01:52.71	Thulo, Jappie	CGA SC Open Championships	Johannesburg	22 Jul 2011
S7	01:26.61	Slattery, Tadhg	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S8	01:12.37	du Plessis, Tiaan	SA National SC Championships	Pietermaritzburg	29 Sep 2007
S9	01:16.07	Bezuidenhout, James	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	01:09.98	Hassiem, Achmat	CGA SC Open Championships	Johannesburg	22 Jul 2011
S11					
S12	01:23.54	Herbst, Hendri	CGA SC Open Championships	Johannesburg	22 Jul 2011
S13	01:02.11	Bouwer, Charl	CGA SC Open Championships	Johannesburg	22 Jul 2011

200m Backstroke**Female**

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8					
S9					
S10					
S11					
S12					
S13					

Male

Classification	SA Record	Holder	Event	Place	Date
S6					
S7					
S8	03:21.47	Williams, David	KZN Seagulls Winter Championship	Durban	06 Oct 2016
S9					
S10	02:42.30	Pretorius, Jean	WP Winter Qualify Gala 1	Cape Town	12 Jun 2015
S11					
S12					
S13					

50m Breaststroke**Female**

Classification	SA Record	Holder	Event	Place	Date
SB1					
SB2					
SB3					
SB4					
SB5					
SB6	01:36.25	Ings, Patricia	KZN Action Championships	Durban	24 Oct 2014
SB7	00:49.06	Saunders, Dianne	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB8	00:47.33	Martins, Shannon	CGA Senior Short Course	Johannesburg	04 Sep 2015
SB9	00:45.53	Abrahams, Tezna	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB11	00:47.17	Bloem, Renette	SA National SC Championships	Pietermaritzburg	07 Aug 2009
SB12					
SB13	00:39.96	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

Male

Classification	SA Record	Holder	Event	Place	Date
SB1					
SB2					
SB3	01:10.59	Harris, Quinton	SA Short Course Championships	Pietermaritzburg	19 Aug 2013
SB4					
SB5	00:41.84	Slattery, Tadhg	SA National SC Championships	Pietermaritzburg	31 Jul 2003
SB6	00:53.14	Dludlu, Nkosimayibongwe	CGA Senior SC Championships	Germiston	05 Sep 2014
SB7	00:43.57	Mogale, Sibusiso	SA National SC Championships	Pietermaritzburg	07 Aug 2009
SB8	00:43.96	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB9	00:29.87	Paul, Kevin	KZN Seagulls Winter Championship	Durban	09 Oct 2014
SB11					
SB12					
SB13	00:46.22	Naudè, Jean-Jacques	CGA SC Open Championships	Johannesburg	22 Jul 2011

100m Breaststroke**Female**

Classification	SA Record	Holder	Event	Place	Date
SB2					
SB3					
SB4	02:29.64	Visser, Adri	SA National SC Championships	Pietermaritzburg	07 Aug 2009
SB5	02:30.23	Nothling, Beth	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB6	03:31.75	Ings, Patricia	KZN Action Championships	Durban	24 Oct 2014
SB7	01:44.52	Saunders, Dianne	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB8	01:28.86	Du Toit, Natalie	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB9	01:47.60	Abrahams, Tezna	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB10	01:59.39	Sabeka, Bongekile	CGA Winter 1	Wahoo	22 Jun 2014
SB11	01:40.23	Bloem, Renette	SA National SC Championships	Pietermaritzburg	07 Aug 2009
SB12					
SB13	01:23.08	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

Male

Classification	SA Record	Holder	Event	Place	Date
SB2					
SB3	02:35.03	Harris, Quinton	SA Short Course Championships	Pietermaritzburg	19 Aug 2013
SB4					
SB5	01:31.77	Slattery, Tadhg	SA National SC Championships	Pietermaritzburg	31 Jul 2003
SB6	01:46.61	du Plessis, Tiaan	SA National SC Championships	Pietermaritzburg	31 Jul 2003
SB7	01:37.36	Mogale, Sibusiso	SA National SC Championships	Pietermaritzburg	07 Aug 2009
SB8	01:26.66	van der Merwe, Kaleb	NTS Senior Short Course Championship	Pretoria	13 Aug 2016
SB9	01:04.19	Paul, Kevin	KZN Seagulls Winter Championship	Durban	09 Oct 2014
SB11					
SB12	01:32.96	Herbst, Hendri	CGA SC Open Championships	Johannesburg	22 Jul 2011
SB13	01:48.41	Naude, Jean	CGA SC Open Championships	Johannesburg	22 Jul 2011

200m Breaststroke**Female**

Classification	SA Record	Holder	Event	Place	Date
SB5					
SB6					
SB7					
SB8					
SB9					
SB11					
SB12					
SB13	03:11.16	Ferreira, Alani	Prestige	Durban	05 Jul 2014

Male

Classification	SA Record	Holder	Event	Place	Date
SB4					
SB5	03:20.00	Slattery, Tadhg		Petermaritzburg	03 Jan 2003
SB6					
SB7	04:10.06	Williams, David	KZN Seagulls Winter Championship	Durban	06 Oct 2016
SB8					
SB9	02:17.21	Paul, Kevin	KZN Seagulls Winter Championship	Durban	08 Oct 2015
SB11					
SB12					
SB13					

50m Butterfly**Female**

Classification	SA Record	Holder	Event	Place	Date
S3					
S4					
S5	00:59.51	Visser, Adri		Pietermaritzburg	30 Jan 2009
S6	01:57.11	Ings, Patricia	KZN Seagulls Winter Championship	Durban	09 Oct 2014
S7					
S8	01:10.77	McKay, Tracy	KZN Seagulls Winter Championship	Durban	09 Oct 2014
S9	00:32.56	Du Toit, Natalie	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:33.22	Sapiro, Shireen	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S11	00:50.14	Bloem, Renette	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S12	00:39.33	de Beer, Handri	SA National SC Championships	Johannesburg	21 Sep 2002
S13	00:35.57	de Beer, Handri	SA National SC Championships	Pietermaritzburg	31 Jul 2003

Male

Classification	SA Record	Holder	Event	Place	Date
S2					
S3					
S4					
S5	01:22.60	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
S6	00:37.86	Mogale, Sibusiso		Pietermaritzburg	04 Jan 2009
S7	00:37.97	Slattery, Tadhg	SA National SC Championships	Pietermaritzburg	31 Jul 2003
S8	00:32.69	Nathan, Oliver	SA National SC Championships	Pietermaritzburg	31 Jul 2003
S9	00:32.47	Botes, Werner	CGA SC Open Championships	Johannesburg	22 Jul 2011
S10	00:27.19	Hassiem, Achmat	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S11					
S12					
S13					

100m Butterfly

Female

Classification	SA Record	Holder	Event	Place	Date
S5	02:17.00	Visser, Adri	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S6					
S7					
S8					
S9	01:08.65	Du Toit, Natalie		Pietermaritzburg	09 Jan 2009
S10	01:14.42	Sapiro, Shireen	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S11					
S12					
S13	01:22.34	de Beer, Handri	SA National SC Championships	Pietermaritzburg	31 Jul 2003

Male

Classification	SA Record	Holder	Event	Place	Date
S5					
S6	01:33.90	Mogale, Sibusiso	SA National SC Championships	Pietermaritzburg	07 Aug 2009
S7	01:36.09	Zwane, Kabelo	CGA Senior Short Course Open 2	Johannesburg	29 Jul 2016
S8	01:13.65	Nathan, Oliver	SA National SC Championships	Pietermaritzburg	31 Jul 2003
S9	01:53.20	Moss, Matthew	KZN Seagulls Winter Championship	Durban	06 Oct 2016
S10	01:00.38	Hassiem, Achmat	WP Senior League Winter 2	Cape Town	24 Jul 2015
S11					
S12					
S13					

200m Butterfly

Female

Classification	SA Record	Holder	Event	Place	Date
S8					
S9					
S10					
S11					
S12					
S13					

Male

Classification	SA Record	Holder	Event	Place	Date
S8	03:41.58	Williams, David	KZN Seagulls Winter Championship	Durban	06 Oct 2016
S9					
S10	02:48.03	Pretorius, Jean	Western Cape Qualifying Gala 1	Cape Town	25 Jun 2016
S11					
S12					
S13					

100m Individual Medley**Female**

Classification	SA Record	Holder	Event	Place	Date
SM3					
SM4					
SM5	02:12.00	Visser, Adri	SA National SC Championships	Pietermaritzburg	07 Aug 2009
SM6					
SM7					
SM8					
SM9	01:21.98	Gray, Emily		Pietermaritzburg	03 Jan 2009
SM10	01:14.71	Sapiro, Shireen	SA Short Course Championships	Pietermaritzburg	16 Jul 2015
SM11	01:38.97	Bloem, Renette	SA National SC Championships	Pietermaritzburg	07 Aug 2009
SM12					
SM13	01:19.33	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

Male

Classification	SA Record	Holder	Event	Place	Date
SM2					
SM3					
SM4					
SM5	03:19.46	Dzanibe, Lindiswa	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM6	01:24.01	Slattery, Tadhg	SA National SC Championships	Pietermaritzburg	31 Jul 2003
SM7	01:33.64	Mainganye, Mpho	SA National SC Championships	Pietermaritzburg	07 Aug 2009
SM8	01:17.89	Nathan, Oliver	SA National SC Championships	Pietermaritzburg	31 Jul 2003
SM9	01:34.29	Castelo Branco, Ashley	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM10	01:07.77	Hassiem, Achmat	SA National SC Championships	Pietermaritzburg	07 Aug 2009
SM11					
SM12					
SM13					

150m Individual Medley

Female

Classification	SA Record	Holder	Event	Place	Date
SM2					
SM3					
SM4					

Male

Classification	SA Record	Holder	Event	Place	Date
SM1					
SM2					
SM3					
SM4					

200m Individual Medley**Female**

Classification	SA Record	Holder	Event	Place	Date
SM3					
SM4					
SM5	04:40.85	Visser, Adri		Pietermaritzburg	01 Jan 2009
SM6	03:55.35	Saunders, Dianne	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM7					
SM8	04:49.14	McKay, Tracy	KZN Seagulls Winter Championship	Durban	06 Oct 2016
SM9	02:54.11	Gray, Emily	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM10	03:41.21	Sabeka, Bongekile	CGA Senior Short Course Open 2	Johannesburg	29 Jul 2016
SM11	03:28.47	Bloem, Renette	SA National SC Championships	Pietermaritzburg	07 Aug 2009
SM12					
SM13	02:46.62	Ferreira, Alani	SA Short Course Championships	Pietermaritzburg	05 Aug 2016

Male

Classification	SA Record	Holder	Event	Place	Date
SM3					
SM4					
SM5					
SM6	02:48.76	VD Merwe, Hendrik	SA National SC Championships	Pietermaritzburg	29 Sep 2007
SM7	03:19.96	Da Silva, Dylan	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM8	02:48.98	Nathan, Oliver	SA National SC Championships	Pietermaritzburg	31 Jul 2003
SM9	02:59.51	Bezuidenhout, James	CGA SC Open Championships	Johannesburg	22 Jul 2011
SM10	02:13.24	Paul, Kevin	KZN Seagulls Winter Championship	Durban	09 Oct 2014
SM11					
SM12					
SM13					

400m Individual Medley

Female

Classification	SA Record	Holder	Event	Place	Date
SM8					
SM9					
SM10					
SM11					
SM12					
SM13					

Male

Classification	SA Record	Holder	Event	Place	Date
SM8	07:17.99	Williams, David	KZN Seagulls Winter Championship	Durban	06 Oct 2016
SM9					
SM10					
SM11					
SM12					
SM13					

