



SOUTH AFRICAN COACHING FRAMEWORK

COACHING DESIGNATIONS and COACHING QUALIFICATION

Coaching Designation	Coaching Qualification
<ul style="list-style-type: none"> • Designation conferred by accredited and recognized SASCOC (CASA) and aligned to a relevant qualification on NQF • Comply with SASCOC-CASA requirements as a member • Participate in CPD as prescribed by SASCOC (CASA) • Pay membership fees as per CASA requirements • Participate in CPD as prescribed by CASA • Comply with CASA code of conduct • A designation can be revoked by CASA if member in violation of policies 	<ul style="list-style-type: none"> • Registered with a recognized and institution accredited by QC recognized by SAQA • Developed and submitted to SAQA for registration on the NQF • Coaching qualification is offered by a registered and accredited HEI/Service provider by CHE/ QCTO • A qualification cannot be revoked once

Coaches must complete 3 core components to be conferred a designation viz:

1. **Theory** - (Sport Specific and Generic theoretical components)
2. **Practical**- (Simulated sport specific learning practice)
3. **Work integrated learning (WIL)** - is less didactic and more coaching participative, and 'real world' oriented coaching. This includes the integration of theory and practice.

WIL is primarily intended to enhance the coach.

Coaching Designations (which applies to all four coaching domains)	Core competencies	Minimum prior experience and Learning
Master Coach	<p>Must have good communication skills, people orientation, influence, decision making, stress management. Must be able to manage relationships and possess specific coaching skills.</p> <p>Oversees and contributes to the delivery of programmes over seasons, in medium to large-scale contexts, underpinned by innovation and research.</p> <p>Designs and Develops strategic plans for coaching</p> <p>Proven track record of the Coaching of an Olympic</p>	<p>More than 10 years' experience</p> <p>NQF level 9</p>

	<p>athlete/team or athlete (s)/team at World level (coach at the highest level of sport specific competition). Athlete/Team must be amongst the top 20 ranked internationally in the sport specific code</p> <p>Demonstrate mentoring skills of shadow coach(es)</p>	
Senior Coach	<p>Oversees and contributes to the delivery of programmes over seasons and in specific contexts.</p> <p>Works closely with the Master Coach in designing and developing strategic plans.</p> <p>Involved in the management and development of other coaches.</p> <p>Proven track record of the Coach of a Continental/National athlete/team or athlete (s)/team level. Coach at the highest level continental/ World level of sport specific competition).</p> <p>Athlete/Team must be amongst in the top 10 continentally in the sport specific code</p> <p>Mentors other coaches</p>	<p>More than 7 years' experience</p> <p>NQF level 7</p>
Coach	<p>Delivers sessions over a season, often as part of a wider plan.</p> <p>Works closely with the Senior coach.</p> <p>Proven track record of the Coach of a Provincial athlete/team or athlete (s)/team level. Coach at the highest level Provincial level of sport specific competition).</p> <p>Mentors apprentice Coaches and support the strategic coaching plan</p>	<p>Minimum of 5 years' experience</p> <p>NQF level 5</p>
Coach Assistant	<p>Assists in the delivery of sessions or where more senior coaches are not present will lead the delivery of sessions, preferably with guidance</p>	<p>2 years' experience</p> <p>NQF level 4</p>
Apprentice Coach	<p>Experiences and supports the organisation of sessions under the supervision of a coach</p>	<p>NF conferred</p>

OVERVIEW: CRITERIA FOR COACH DEVELOPER

Coaches' designations listed below. Coaches must complete 3 core components viz:

1. **Theory** - (Sport Specific and Generic theoretical components)
2. **Practical**- (Simulated sport specific learning practice)
3. **Work integrated learning (WIL)** - is less didactic and more coaching participative, and 'real world' oriented coaching. This includes the integration of theory and practice.

WIL is primarily intended to enhance the coach developer.

Coaching Designations	Core competencies	SACF designation and credits	NQF Level and title and credits
<p>National Coach Education Advisor (NCEA)</p>	<p>Design, oversee and evaluate the implementation of learning and assessment of National Federation coach education, official and administrators programmes.</p> <p>Design, oversee and evaluate the implementation of learning and assessment of developers at the national and provincial levels Strategic planning of the Coach education programme Identify gaps and provide interventions.</p> <p>Mentor a minimum of 20-30 NCD's/Senior/ Master Coaches</p>	<p>360 Credits over an additional year of work based learning (i.e. 120 additional credits)</p>	<p>NQF Level 9</p>
<p>National Coach Developer (NCD)</p>	<p>Deliver and evaluate programme for the development of coaches up to Senior and Master level and equivalent for administrators and official.</p> <p>Deliver and evaluate programmes for the development of developers at the provincial and district levels</p> <p>Support developers at</p>	<p>220 Credits over and additional years of work based learning</p>	<p>National Certificate: Occupationally Directed Education and Development Practices</p> <p>NQF Level 8</p>

	<p>the provincial and district levels in the workplace and assess their competence</p> <p>Mentor a minimum of 20 PCD's and 20 Senior Coaches</p>		
Provincial Coach Developer (PCD)	<p>Deliver and evaluate programme for the development of coaches up to Coach level and oversee the development of coach developers at the district level (and the equivalent for administrators and officials)</p> <p>Assess competence of coaches at Pre Coach and Coaching Assistant levels and equivalent for officials and administrators</p> <p>Mentor and supervise a minimum 15 Coaches</p>	180 Credits over an additional year of work based learning	<p>Second Step towards National Certificate: Occupationally Directed Education and Development Practice</p> <p>NQF Level 7</p> <p>Provides access and RPL to National Developer programme, subject to NF nomination</p>
Assistant PCD	<p>Work under the guidance of a PCD to assess Coach Assistant Coaches.</p>		<p>Facilitator and Assessor qualifications</p> <p>NQF Level 6</p>