

SA NATIONAL AQUATIC CHAMPIONSHIPS 2019

1. GENERAL EVENT INFORMATION

- 1.1. The 2019 Swimming South Africa National Artistic Swimming Championships will take place at the Kings Park Swimming Pool, Durban from 5 April to 9 April 2019. Training day is 5 April.
- 1.2. The TASC will circulate the program once final entries are received.
- 1.3. This competition will serve as final team selection for FINA World Championships 2019.
- 1.4. **All athletes in the SSA 2019 Senior squad must attend the competition. Time permitting there will be a training camp on 8/9 April.**

2. ENTRY PROCEDURES

- 2.1 All Affiliates with SSA registered members, are invited to compete at the event
- 2.2 Selection is at the discretion of the Affiliate member
- 2.3 Athletes entered in Senior Nationals must be 15 or older on 31st December of year of competition.
- 2.4 Athletes entered in Youth Nationals must be 15 to 18 years on 31st December of year of competition
- 2.5 Competitors may not enter both Youth and Senior Nationals (with the exception of the team events). No competitors who have already competed at Senior Nationals (with the exception of the team events and technical routines) may enter Youth Nationals.
- 2.6 Swimmers from Youth Nationals may compete in the senior teams including the free combination.
- 2.7 By competing in the senior team events, swimmers will not lose their eligibility to compete at Youth Nationals
- 2.8 Entries must be made on the attached forms or on a spreadsheet. Figures and Solos are **R70** per entry, Duets are **R140** and Teams are **R150** per team. Entries must include affiliate, name of athlete, SSA registration number and events entered. Please mark reserves where applicable.
- 2.9 The closing date for entries, with payment into SSA account is **Friday 15 March 2019**. Make payments to:
Bank: ABSA BANK
Acc. number: 1003790807
Branch: 160 Jan Smuts
Code: 508005
- 2.10 Entries and proof of payment must be sent to 'Daphne Bird' (daphne@swimsa.co.za) at SSA and copied to Moira Norden (nords@mweb.co.za)



- 2.11 Team Managers must bring a copy of proof of payment and the entries to SA National Championships management meeting.

3. TECHNICAL OFFICIALS

- 3.1 Only technical officials registered with SSA will be eligible to officiate.
- 3.2 Each affiliate entering must supply a minimum of two judges for the duration of the event, as well as 1 table official. The host affiliate will make up any shortfall.
- 3.3 Technical Officials must be correctly attired, navy blue skirts/trousers, white shoes and white shirt.

4. COMPETITION RULES

- 4.1 These competitions run according to the following rules laid out in the SSA Technical Guidelines. FINA rules take preference unless otherwise stated.
- 4.2 Competitors, coaches, managers and officials must be capitated to SSA through their affiliate.
- 4.3 The Senior competition comprises FINA Figures, Solo Free, Solo Technical, Duet free, Duet technical, Team Free, Team Technical, Free open combination team. Technical and free routines comprise separate events with separate medals awarded.
- 4.4 The Youth competition comprises FINA Figures, Solo Free, Solo Technical, Duet free, Duet technical,
- 4.5 FINA figures are no longer used to calculate routine results. Youth and Senior will use the FINA figures. The figure competition will run as one competition with separate medals awarded.
- 4.6 The competition includes an Open free combination team event with swimmers from Youth and Senior Nationals participating.
- 4.7 Affiliates with 4 or more swimmers aged 15 years or older competing in Youth or Senior Nationals must enter the senior technical and free team events.
- 4.8 A team consists of 4 to 8 swimmers. The FINA penalty for a team comprising less than 8 swimmers will be applied.
- 4.9 A combo has a minimum of 8 swimmers.
- 4.10 In the team event FINA senior technical elements will be used.
- 4.11 The competition should run over a minimum of 4 days.
- 4.12 A minimum score of 5 must be achieved to qualify for medals.

5. TROPHIES – Senior Nationals

- 5.1 Winning affiliate member (points allocated per SSA points table)
- 5.2 Winning team (combined technical and free score)
- 5.3 Winning duet (combined technical and free score)
- 5.4 Winning solo (combined technical and free score)

- 5.5 Highest scoring routine
- 5.6 Most improved synchronized swimmer. (The most improved artistic swimmer is determined by taking the scores from the previous year's solo and calculating the improvement against the current year's solo.)
- 5.7 Please ensure all trophies awarded in 2018 are returned at the Managers' meeting.**